

EMPLOYEE BENEFITS **RESOURCES** WHAT YOU NEED TO KNOW

Medical Insurance

United Healthcare (CCS Group # 918500)

- If you are covered by CCS's medical insurance with UHC and should be in the unfortunate situation to need COVID-19 testing, CCS will be covering the cost of the testing in full.
- If, at any time, you need a copy of your UHC ID card, you can go online to www.myuhc.com to get an electronic ID card. For first time users, you will need to register.
- UHC can be reached at 1-844-210-6436 for additional assistance.

Additional Resources

- Dealing with uncertainty and unexpected change can impact people in different ways. If you feel like you need a little extra support, please reach out to ComPsych GuidanceResources, our Employee Assistance Program (EAP). ComPsych is available 24/7 for confidential emotional support, assistance finding qualified resources for child care and much more. ComPysh can be reached by calling 800-774-6420 or www.guidanceresources.com
- Additionally, UHC provides an Emotional-Support Help Line available to support anyone who may be experiencing anxiety or stress following the recent developments around COVID-19. The free service can be reached at (866) 342-6892, 24 hours a day, seven days a week and is open to all. Emotional-support resources and information are also available online at liveandworkwell.com.
- For the most up-to-date information visit:
 - <https://www.cdc.gov/coronavirus/>
 - <https://coronavirus.ohio.gov/>

Virtual Visits/Telemedicine

If you are covered by Columbus City Schools' medical coverage with UHC, you also have access to Virtual Visits 24/7. Virtual visits allow you to meet with a doctor using your smartphone, tablet or computer. You will simply need to pay your copay for a virtual visit. This is an excellent way to get treatment without leaving your home. Virtual Visits are an excellent resource if you are experiencing medical conditions like, sore throat, headaches/migraines, rashes, eye infections and/or coughing. **If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider or closest emergency room for medical advice.**

Prescription Drug Coverage

Express Scripts

- Should you find yourself in a situation where you've been affected by the COVID-19 virus and need to refill a maintenance drug earlier than the insurance schedule will allow, please call Express Scripts at 1-866-533-7005 and request an override to fill the prescription early.
- Express Scripts also provides a 90-day supply through mail order and your prescriptions will be shipped to your door at no additional cost. If you would like to consider the mail order option, talk to your healthcare provider about sending in a 90-day prescription directly to Express Scripts.